

# Perspectives on Intelligent Systems Support for Multidisciplinary Medical Teams

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## Abstract

We revisit a series of studies on the work of multidisciplinary medical teams with a view to identifying opportunities for the use of intelligent systems to support their complex cooperative work, and the challenges that might arise in developing such systems. We focus specially on the activities performed during the multidisciplinary medical team meeting (MDTM) and review the literature on MDTMs, as well as our own longitudinal analysis of several MDTs in a large teaching hospital over a period of ten years.

## Introduction

A multidisciplinary medical team (MDT) is a group of specialists from different health care professions who collaborate to make treatment recommendations and manage patient care. An MDT for cancer care, for instance, will typically include physicians, surgeons, pathologists, radiologists, medical and radiation oncologists, nurses, and other professionals (Kane and Luz 2006; 2009). Although these professions work relatively independently from each other within teams and hierarchies in their own specialist area, their interaction is an essential part of health care work.

Multidisciplinary teamwork has gained importance in healthcare over the last decades. Since its inception in cancer care, MDT working has been recommended for the management of other conditions such as chronic obstructive pulmonary disease (COPD), diabetes, rheumatology (Verhoef et al. 2007), stroke and neurological rehabilitation (Taylor et al. 2010). While conclusive studies regarding the effectiveness of MDT care are yet to be conducted (National Institute for Health and Care Excellence (NICE) 2005; Fleissig et al. 2006), there is a growing body of observational evidence associating MDT teamworking with improvements in communication among specialties (Ruhstaller et al. 2006), decision making, patient and team member experience, as well as medical outcomes (Junor, Hole, and Gillis 1994; Kane and Luz 2013; Taylor et al. 2010).

MDT work, however, is a complex, time consuming activity that causes considerable increase in the workload of the professionals involved, particularly those specialists who are

members of several MDTs, such as radiologists and pathologists (Kane et al. 2007). These economic and organisational pressures, the complexity of the teamwork, and the sheer amount of discipline-specific information exchanged by the MDT all seem to combine to make their work an ideal situation for the introduction of information technology, possibly extending to the use of intelligent systems.

Having identified information and record keeping needs of MDTs in previous work (Kane, Toussaint, and Luz 2013), in this paper we turn our attention specifically to the role that intelligent systems might play in enhancing teamwork by the MDT. However, before proceeding to examine this issue, we should clarify what we mean by “intelligent systems”. As with the concept of “intelligence”, defining “intelligent system” is not an easy task. Most definitions found in the Artificial Intelligence (AI) literature are either circular, or point to attributes such as flexibility, autonomy, and proactivity (Russell and Norvig 2003), some of which seem just as hard to define. While acknowledging that these are likely attributes of such systems, for the purposes of this paper we will limit ourselves to a simple ostensive definition, and call “intelligent system” any system that employs AI methods. These include machine learning, automatic inference, information retrieval, speech recognition, and machine vision, as will become clear below.

## Multidisciplinary medical teamwork

The main basis for the observations reported in this paper is a series of ethnomethodologically-informed studies we have conducted with MDTs in a tertiary-referral teaching hospital. These studies encompassed eight MDTs (respiratory, head and neck, urology, gynaecology, gastro-intestinal, lymphoma, breast and dermatology) and gathered data through observational fieldwork along the lines recommended by Randall, Harper, and Rouncefield (2007), including 28 hours of video recordings of patient case discussions, 190 questionnaires, and several hours of focused interviews. Based on these data, we identified the typical MDT workflow as comprising a number of mostly concurrently performed activities distributed across the health care environment which culminate in the team meeting (MDTM). The MDTM is therefore a synchronous event in which information gathered in pre-MDTM activities (e.g. radiology and pathology results, patient record) is presented by the various special-

ists, and from which a number of post-MDTM tasks (e.g. implementation of patient management decisions, updating of various databases, and further tests or scans) originate (Kane and Luz 2006). For this reasons, we focus our analysis on the MDTM and the informational requirements it entails.

The MDTM is a weekly meeting normally lasting approximately 105 minutes. It takes place in a room configured in a theatre-style arrangement, with large screens in front which are used to display radiological images, pathology images, and occasionally video images of participants who join in from remote hospitals through videoconferencing. The MDTM is attended by physicians, surgeons, radiologists, pathologists, radiation and medical oncologists, nurses, a data manager and administrator, and often other paramedical specialists (such as a physiotherapist, a dietitian, or a speech and language therapist) depending on the nature of the MDT. Medical and surgical staff in-training are also part of the multidisciplinary team and attend MDTMs.

Specialists bring information to the MDTM and pool it into the discussion. Some specialities may use visual aids to describe findings. This is the case of radiologists who contribute in the diagnosis. Others bring expertise and contribute more to the discussion of the management decision, such as oncologists. The MDTM is structured as a sequence of patient case discussions (PCDs). In the initial stage of the PCD, the clinical findings (signs and symptoms) are reviewed in conjunction with the radiology and pathology findings. The PCD is usually opened by the clinician who examined the patient, who summarises the symptoms and clinical findings. Endoscopic or surgical findings may be reported. A radiologist will typically continue the discussion by illustrating relevant features in any images undertaken, such as chest radiographs, CT, PET and MRI<sup>1</sup> scans, followed by the pathologist who demonstrates the microscopic tissue structures in the biopsy samples, or surgical specimens (Kane and Luz 2009).

The definitive diagnosis and disease stage is agreed by the MDT, following presentation and correlation of the clinical, radiology and pathology findings, in a process of consensus (Kane and Luz 2009). This correlation of findings is unique to MDTMs in the patient care pathway, improving patient safety by allowing revision of results, resolution of inconsistencies, and identification of unsatisfactory work practices.

The MDTM serves a number of functions within the healthcare organisation. Its primary purpose is patient management. This primary function facilitates certain organisational goals such as collection of information for audit purposes, and provision a feedback mechanism for participants in their individual roles. In addition, the meetings are supposed to serve medical education purposes, contribute to the professional development of medical and other staff, and potentially contribute data for research databases, such as cancer registries.

The information requirements of the MDT during the MDTM are detailed by Kane, Toussaint, and Luz (2013). The group interacts and exchanges information mainly

through talk, so auxiliary information (e.g. patient records, medical images) need to be comprehensive and quickly accessible. Some of the information generated at the meeting should later go into the patient's chart, and records must be kept of task assignments and their execution post MDTM. As noted above, some of this information, and the discussion process itself, could provide valuable resources for training and research, as well as registries and official statistics organisations. These requirements encompass many interdependencies, making it unlikely that conventional information systems would be flexible enough to anticipate all possible branching points and exceptions to an idealised workflow (Ash, Berg, and Coiera 2004; Collins 1992).

## Intelligent support for MDT work

The demanding nature of the tasks facing the MDT and the complexity of the information and recording requirements of the MDTM suggest that their needs cannot be easily met by conventional information systems. In the following sections we explore the possibilities for the use of intelligent systems in this setting. We focus on requirements for information records relating to the patient management, organisational, research and educational roles of the MDTM, drawing on the findings of Kane, Toussaint, and Luz (2013).

### Opportunities

Regarding background data collected prior to the MDTM and presented at the meeting, possibly the most obvious opportunity for introduction of intelligent systems is in support for finding and accessing relevant information. Textual Information retrieval technology has now reached a level of maturity that allows it to be used reliably in a variety of settings. Its use in connection with electronic health records (EHR) is relatively straightforward. Furthermore, even in situations where the MDT uses different systems that may lack standardisation and interoperability, a level of intelligence and automation can be implemented which would make the task of gathering information considerably more efficient. Presentation of scientific evidence gathered from the research literature is a common practice in MDTM work (Frykholm and Groth 2011). Systems that can seamlessly unify access to heterogeneous data sources, such as the EHR, national and international registries, and medical literature databases, might enhance the educational and professional development roles of the MDTM as well as enable its participants to further enrich the case discussions.

Similarly, while text categorisation and information extraction methods applied to loosely structured or free-form textual data are less mature than information retrieval technology, they can also be employed in support of MDT work, possibly in conjunction with well developed medical ontologies to guide the text mining system. In our analysis of the need for an information record for shared decision making at MDTMs (Kane, Toussaint, and Luz 2013), we found that, despite growing standardisation, free textual information is likely to continue to play an important role in documentation. When a the group adopted a structured form, consisting of multiple tabs, tables and check-boxes, aimed at capturing

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<sup>1</sup>Short for Computed Tomography, Positron Emission Tomography, Magnetic Resonance Imaging, respectively.

essential items of information exchanged during the MDTM for incorporation into the EHR, the person in charge of entering the data eventually abandoned the form structure and entered free form text instead. This was due in part to the time constraints under which the MDT operates, but more broadly it reflects a suspicion that this could well turn into one of those processes that Ash, Berg, and Coiera (2004) describe as “causing cognitive overload by overemphasizing structured and ‘complete’ information entry or retrieval.”

Beyond text, retrieval of images based on similarity of regions of interest also presents potential opportunities. Automatic image matching techniques can be employed to retrieve similar radiology images based on the patient’s scan. They can be combined with text mining of, say, radiology reports, to assist in the assessment of cases. Napel et al. (2010), for instance, presented an intelligent system which can accurately retrieve CT Images based on visual similarity. Integrating such systems with MDTM work may also improve the training role of the MDTM, by providing context for post-MDTM review and study.

It is widely acknowledged that the information exchanged through talk during the MDTM is a potentially valuable resource. A comprehensive record of the meeting might be used, for instance, to provide the contextual information necessary for the interpretation of decisions recorded in the formal report produced at the MDTM. These reports are necessarily concise. One such report might read “36yrs. Core Rt breast FA 2.5cms. Path FA B2. Concordant. Reassure & DC” (Kane, Toussaint, and Luz 2013). Reviewing a recording or transcription of the PCD would enable an MDT member to understand the rationale and the diagnosis *process* that led to this formal report. Accessing recorded unstructured meeting interaction data has been the focus of much work in the field of *meeting browsing*. Systems have been proposed, for instance, that support the production of an index to facilitate access to relevant time-based content by exploiting the natural structuring points of meeting interaction, such as synchronous writing events (Bouamrane et al. 2004).

In the absence of dedicated infrastructure to capture such events, however, access to time-based recordings need to rely on more complex (and error prone) methods such as diarisation (i.e. the automatic determination of who spoke and when), automatic speech recognition (ASR), topic segmentation, and automatic summarisation. Although the use of these methods for meeting browsing in general has yielded mixed results, the relatively better structured nature of the MDTM as a sequence of PCDs makes it possible to automatically identify relevant metadata. Good accuracy can be achieved in tasks such as automatically locating PCDs in MDTM recordings (Luz 2009) and segmenting these recordings into PCDs and discussion stages (or topics) within PCDs (Luz 2012), even under adverse recording conditions. In addition, once recording segments corresponding to PCDs have been identified and represented as vocalisation graphs, categorisation of PCDs can also be performed quite reliably (Luz and Kane 2009).

In addition to providing context for patient management decisions (e.g. by answering queries such as “Did X say anything about the possibility of Y option?”), and potentially

contributing to audit tasks, a fully indexed recording of the actual MDTM produced along these lines, may also serve as an educational resource. It has been reported that the role of the MDTM in medical education used to be quite prominent, with the MDT discussing a small number of ‘interesting cases’. As MDTMs became embedded in routine work of the hospital, their educational roles diminished. Another consequence of this development, and of the workflow increase it caused, is that it has become more difficult for participants outside the core MDT to assimilate information presented at the meetings (Kane and Luz 2013). Automation could be used to identify among the indexed PCDs those that might be considered ‘interesting’ from an educational perspective, and recordings of such PCDs could be made available for review by students and junior staff, under more favourable conditions than the busy settings of a live MDTM.

As regards support for documentation tasks performed during the MDTM, information extraction techniques might be useful for converting free text documentation into records amenable to integration with the hospital’s EHR system. If accurate transcripts can be generated by ASR, then tracking task assignment for post-MDTM monitoring may also be possible. This would meet a need often stated by MDT members (Kane, Toussaint, and Luz 2013).

## Challenges

While there are many potential opportunities for the use of intelligent systems to support MDT work, significant challenges must be overcome for the potential of such systems to be realised in this setting. Some of these challenges are technical, but the most important ones are likely to be socio-technical or organisational.

From a technical perspective, the difficulties are mostly related with the unconventional ways the information gets recorded in textual form, with the problem of rendering speech content into accurate textual summaries, and with the need for complex semantic processing in order to turn even a fully accurate transcript into meaningful data items.

As mentioned, the recording of the meeting’s decisions and relevant follow-up actions is typically done in free text and in codified form due to time pressures and work load. This results in text that cannot be straightforwardly linked to external information by automatic indexing systems, and that might not have clear meaning in the absence of relevant contextual information.

Contextual information could perhaps be provided through processing of the speech data that forms part of the discussion, possibly off-line, after the MDTM. However, implementing the kind of processing required is far from being a solved problem. Answering the seemingly simple question “Did X say anything about the possibility of Y option?” would require, minimally, the existence of a robust diarisation system. Diarisation is still very much a researched topic. Diarisation error rates of 20% are not uncommon in realistic settings. This level of performance may prove unacceptable in a safety-critical setting such as the MDTM. In addition, even in tasks where error may be acceptable, such as identification of PCDs for training and professional development purposes, poor diarisation might lead to poor segmentation

and classification performance. In PCD segmentation, for instance, a 20% diarisation error will typically lead to a 15% increase in segmentation error in comparison to a perfectly diarised recording (Luz 2012).

ASR tends to perform poorly in noisy environments. The MDTMs we studied take place in a poor acoustic environment, to the extent that peripheral participants have difficulties in understanding what is being said in the discussions. Unsatisfactory ASR performance is therefore to be expected. However, even if the transcripts were perfect, sophisticated semantic processing well beyond the capabilities of current systems may be necessary. Consider, for instance, the difficulty of linking the semantics of the recorded note mentioned earlier (36yrs. Core Rt breast FA 2.5cms. Path FA B2. Concordant. Reassure & DC) with the verbal discussion that resulted in it: ‘So, we are concordant then, that it is fibroadenoma - radiology and pathology agree. Is that right?’

Further to these substantial technical challenges, sociotechnical factors might have a decisive bearing on whether intelligent systems will eventually be adopted or not. Many of the methods proposed above require at least audio recording of the MDTM. MDT members, however, are reluctant to allow recording due to privacy concerns, as well as concerns might stifle the discussion. Although anonymisation and other methods could mitigate some of these issues while still enabling crucial information to be extracted from the live discussion, resistance to systems that involve recording is likely to remain a serious challenge.

## Conclusion

There is a great potential for AI technologies to have positive impacts on MDT teamwork. However, their use pose a number of challenges. Careful analysis of human factors affecting medical teamwork in combination with judicious use of AI methods are necessary for this potential to be realised.

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